

Success in Relationships – Love, Now...

Excellence is an art won by training and habituation. We do not act rightly because we have virtue or excellence, but we rather have those because we have acted rightly. We are what we repeatedly do. Excellence, then, is not an act but a habit.

Aristotle

**No one falls in love by choice,
it is by CHANCE.
No one stays in love by chance,
it is by WORK.
And no one falls out of love by chance,
it is by CHOICE**

Here are *some* of the foundational Laws to a truly successful friendship. These are in my opinion, Spiritually inarguable laws. To truly master these laws, we must remember that “**We are Love**”. The very life force inside of us is **Love**. The very life force that *is us*, is **Love**.

We are **Love, Loving**. Think about that. Love is not out there, it is not in here. It is us. The illusion is that it is not us. Meditate in this, practice this, know this as simple truth. It will free you forever once you accept that who you are is:

***Love, remembering how to Love, Now**

**By choosing *Love, Now*, you also choose Joy
and Contentment.**

Some Relationship Principles

Forgiveness - A successful relationship requires forgiveness. The act of forgiving can release both of you from the pain of the offense, and allow the relationship to grow on from there.

Only in forgiveness can we grow!

Empathy - Empathy does not mean that you agree with how another person views the world, nor does it mean that you see the world in the same way. Empathy does mean the unique skill of being able to see the world through the eyes of the other person.

Seek first to understand, then to be understood!

Entitlement - Our human condition perpetuates a legend that we all "ride off into the sunset and live happily ever after". No one truly believes that they automatically deserve great success in any field of business; yet almost everyone believes they automatically deserve success in intimacy. Relationships take a continuous sharpening of your skills to love and to get ourselves out of the way of demanding our perceived "rights". We give without reciprocity.

It is in the giving that we get!

Wisdom - The wisdom and knowledge of successful intimacy is everywhere. The work has already been done over thousands of years by very wise people. Always tap into current and ancient resources. Read a book, go to a seminar, listen to a tape, etc. Also, great teams have great coaches. Find a coach for your relationship. A coach can be a professional relationship coach, a mentor couple, or a couple you know that has a relationship that you admire. Always do it together, with your loved one, hand in hand! Then pay it forward one day!

Become a Love expert!

Language - Speak only kindness to each other and about each other. Let the world know how much you care for one another! The world will reflect back your love! When you learn new things, always learn them together! This way the information and knowledge stays alive as long as your friendship does! Speak your dreams everyday to one another!

The reality of your relationship exists in language!

Complacency - You must continuously input fresh life, creativity, training, spirituality, and as much greatness as possible every day! Just like a pond, without freshness pouring into it everyday, it gets stagnant.

Be the Source of greatness!

Conflict and Resolution - Conflict is inevitable. Become a master peace maker. Pride and resolution are mutually exclusive. It's how, and if, you handle the conflict that makes the difference.

When you are wrong, admit it. When you are right, don't admit it!

Service - So many times, we go into relationships thinking about what's in it for me. If you really want a legendary relationship, commit to always outdoing your friend in Honor. Spoil each other.

Guaranteed success: Out do each other in Honor!

Opposites – God’s ultimate sense of humor! We attract our opposites. You may have noticed by now that you are completely different in so many areas. How you think, feel, and perceive is generally different. The very thing that attracts you to your loved one is the very thing that then is the focus of conflict. Understand, appreciate, and work with the differences. This is what makes us grow. No pain, no gain.

Grow with wisdom and appreciation of our differences. Embrace our differences!

Vision - Create a creed! Create a mission statement for your relationship! Have a vision! Own it, sleep it, and breathe it. This is mandatory for a legendary friendship.

Then shout your vision from the roof tops!

Here is a sample of a Vision.

THE BOHEN FAMILY CREED

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- We Yearn to Love and Honor God
- We Aspire to Do His Will
- We Seek First to Understand - Then to be Understood
- We Cherish, Love and Respect Each Other, Passionately
- Our Days Revolve Around Love, Harmony, Laughter and Chivalry
- We have Open, Honest, Communication and Affection
- We Laugh at Our Idiosyncrasies
- We Praise Each Other’s Strengths
- We Strive for Growth and Wisdom in All That We Do
- We Recognize Our Bodies are the Temple for the Spirit, therefore We Care for Our Temples Implicitly, with Exercise, Rest, Nutrition, and Technology
- We Believe Innovation & Action are more Virtuous than Perfection
- We Choose Never to be Victims - We Choose Victory
- Our Home Will Always Open and Safe - A Loving Place for All
- We Help Outstretched Hands and Discourage Entitlement
- We Render no Bias in Human Physicality or Origin
- Rather, We Seek the Quality and Potential of One’s Spirit
- We Seek to Find, Represent and Share - Love, Beauty, Gratitude and Abundance in Our Lives and Those We Enjoy Life With
- In Awe of God’s Grace; We Pray and Strive Daily to Do His Will

For just the next ten minutes, *right now, write now*. Write what your vision is for your current or future relationship. Let it flow from your Spirit. **Let it flow from you: Love, remembering to Love, Now.** Then hone it ‘til you own it, live it, breathe it & sleep it.

